

**A horse is a horse—and sometimes part of a clinical team, too**

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**Nurse's role in equine-assisted activities and therapies**

As a nurse, you can play an important role in equine-assisted activities and therapies.

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<b>Inform</b>	Inform others about activities or therapies that include a horse to promote patients' well-being and correct misinformation.
<b>Refer</b>	Refer patients to a licensed and credentialed professional who provides an equine-assisted activity or therapy.
<b>Support</b>	Support patients who are involved in an activity or a therapy that includes a horse.
<b>Personal development</b>	Through equine-facilitated learning, equine-facilitated psychotherapy, or equine-assisted psychotherapy, seek development of oneself as an evolving person who provides care to others.

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