

PATHWAY TO EXCELLENCE TOUR GUIDE



STANDARD: WELL-BEING

“Providing staff the opportunity to develop a balance between work & personal life”



DRAWING FOR
A FREE ENTRY!



WELLNESS

- **Healthy Directions** powered by virgin pulse
- **Virgin Pulse** online provides tracking of healthy habits, challenges & point calculations for awards. It can be synced to devices for tracking.
- **Pick Up the Pace** awards points for entries to win \$1000
- 24/7 gym privileges to employees
- Quarterly \$1 healthy lunch to save money eat healthy option.
- Houston Methodist **Virtual Care** visits
- Self-scheduling
- **My Methodist Advantage** powered by **You Decide** for employee discounts on food, entertainment, fun things to do including travel, insurance, gifts & more.
- Legal Assistance
- Financial Wellness Assistance
- PTO Sell for extra income



VOLUNTEER OPPORTUNITIES

- Our employees are recognized in the community by the signature red I CARE shirt which symbolizes our commitment to serve beyond our hospital walls.
- Employees Helping Employees



INTERNAL RECOGNITION

- Bravo e-cards — send to acknowledge a coworker for doing a great job
- Birthday e-cards
- Caught in the Act e-card
- Daisy Award
- Nurses Week Awards
- System Safety & Quality Awards
- I CARE Awards
- Service Anniversary Awards
- Retirement Recognition
- Referral Bonus
- Patient Satisfaction Bonus
- Hand Hygiene Bonus



COMMUNITY OUTREACH

- World Diabetes Day
- Joint Camp — a pre-surgical, informational program for joint replacement patients
- Woodlands Marathon and Half Marathon
- Texas 10 Series
- Stroke Awareness
- Breast Cancer Awareness
- Cancer Survivor Luncheon
- Heart Walk benefiting the American Heart Association
- Night the Light Walk benefiting the Leukemia & Lymphoma society
- March of Dimes Walk



BENEFITS

Medical, Dental, Vision, Life AD&D Coverage, STD, LTD, Bereavement Time, Employee Assistance Program, PTO, 403(b), DCP, Low out-of-pocket prescriptions, adoption Assistance, Back-up Care, Senior Care Assistance, Salary Loan assistance, Emergency Travel Assistance, Tuition Assistance, College Coach & Dependent Scholarship Funds Program. Badge purchase programs for food, gift shop, uniforms, shoes, & gifts.

