

# Sample regional block nursing assessment worksheet

Beginning 3 hours after surgery or a procedure, assess the patient and complete the worksheet below at least every 4 hours for the first 24 hours. After 24 hours, assess the patient every 8 hours if no unexpected changes occur. Engage patients in their care by teaching them to monitor skin color, mobility, and sensation changes. Instruct them to notify the care team immediately of any changes or concerns. If a patient exhibits a hematoma, Horner syndrome, or decreased diaphragmatic function, reassess hourly. Use of dexmedetomidine may require more frequent heart rate and blood pressure monitoring depending on the patient's status and your organization's guidelines.

Assessment	Sample entry
Block type Admission time	<ul style="list-style-type: none"><li>• Interscalene on right side</li><li>• Interscalene on right side</li><li>• 9:30 AM</li></ul>
Current time	<ul style="list-style-type: none"><li>• 1:30 PM</li></ul>
Vital signs	<ul style="list-style-type: none"><li>• Blood pressure: 120/80 mmHg</li><li>• Heart rate: 80 beats per minute</li><li>• Respiration rate: 18 breaths per minute</li><li>• Temperature 98.7° F (37° C)</li><li>• No pain</li><li>• Oxygen saturation 98% on room air</li></ul>
Motor function	<ul style="list-style-type: none"><li>• Right upper extremity 0/5</li></ul>
Sensory function	<ul style="list-style-type: none"><li>• Right upper extremity feels completely numb</li></ul>
Peripheral pulses	<ul style="list-style-type: none"><li>• 2+ right radial pulse</li></ul>
Capillary refill	<ul style="list-style-type: none"><li>• &lt; 2 seconds</li></ul>
Skin temperature	<ul style="list-style-type: none"><li>• Warm, dry</li></ul>
Hematoma present	<ul style="list-style-type: none"><li>• No</li></ul>
Additional findings	<ul style="list-style-type: none"><li>• Mild hoarseness</li></ul>