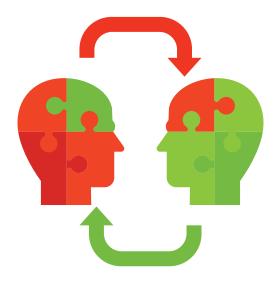
# Mitigating the threat of lost knowledge

A looming shortage of expert nurses requires strategies to accelerate knowledge transfer.

By Terri Gaffney, PhD, MPA, RN



THE LATEST nursing workforce reports indicate that an adequate supply of RNs exists to meet growing demand. However, according to a 2019 survey of nurses conducted by AMN Healthcare, 20% plan to retire in the next 5 years and 27% plan to leave their current job in the next year. Although the demand for nurses can be met, employers can't meet the need for experienced nurses. A new type of nursing shortage is emerging—a shortage of expert nurses.

Nursing is a knowledge-intensive profession, and knowledge is more than the accumulation of information. It's defined as one's capacity for effective action or decision-making based on information. However, not all knowledge is equal. Expert nurses possess a unique form of tacit knowledge that's a mix of experiences, values, contextual information, and insight that enhances their decision-making skills. This type of knowledge, also known as "deep smarts," contains subjective understandings, intuition, and hunches that nurses accrue over time. It's the knowledge that expert nurses keep in their heads and find difficult to articulate to others.

## The cost of lost knowledge

When expert nurses leave organizations, their critical knowledge of the workplace and the work they perform leaves with them. This loss of specialized knowledge is concerning because, according to a report from Panopto, employees spend an average of 8 hours per week re-creating institutional knowledge, resulting in delayed decisions and interventions or missed opportunities for growth or innovation.

Failing to capture departing employees' knowledge can be costly for any organization. For example, according to Wang and Noe, Fortune 500 companies lose an estimated \$31.5 billion annually because of this missed opportunity. Failing to capture the critical knowledge of expert nurses drains healthcare organizations of clinical expertise and institutional awareness that has important implications for innovation, quality, and patient safety. The result is efficiency reductions, innovation capacity limitations, growth strategy threats, and competitor vulnerabilities.

#### **Knowledge transfer framework**

Many healthcare organizations have focused their efforts on retaining experienced nurses in the workforce for longer periods, but strategies to accelerate critical knowledge transfer are sparse. Promoting a knowledge sharing culture, investing in appropriate technology and tools, and building a knowledge management infrastructure facilitate knowledge transfer.

The notion of knowledge transfer in health-care is in its infancy, but proven and practical strategies can be examined and adopted from other industries. Four distinct categories of tacit knowledge—human, social, cultural, and structural—are critical to performance and should be transferred to aspiring expert nursees. They provide a useful framework for exploring knowledge transfer strategies. (See *Knowledge transfer strategies*.)

#### Human knowledge

Human knowledge is the know-how that expert nurses possess. They integrate experience-based patterns with information about the environment and make decisions swiftly and efficiently.

Human knowledge isn't transferred in a topdown or bottom-up information sharing session. Instead, it's transferred collaboratively via strategies such as mid-career and structured mentoring programs. In nursing, clinical mentoring commonly is used to transfer knowledge from preceptors to new graduate nurses. Focused mentoring between experts and proteges allows aspiring experts to extrapolate key knowledge. This routine engagement provides opportunities for proteges to learn how to reframe issues and identify alternative solutions to clinical and ethical dilemmas. In addition to focused mentorships, organizations also should consider creating mini-experiences through shadowing and observing to allow aspiring experts to build their capabilities. (See Focused mentoring.)

## Social knowledge

Social knowledge is grounded in relationships that build trust and collaboration between individuals and among teams. Knowledge isn't developed in isolation but through dialogue. Thus, social knowledge, frequently called "social capital," can only be developed by working together. The knowledge that resides in these relationships can be transferred by developing a community of practice (CoP) or targeted social networking. A CoP transcends roles and organizational boundaries and provides a structure to connect individuals, foster trust, and facilitate knowledge sharing. For example, a CoP across the Alberta Health Service in Canada allowed knowledge to flow throughout practice domains and programs. In this case, the CoP flourished when it became meaningful to members to grow, collaborate, and achieve goals. Experts also can serve as knowledge brokers to introduce new team members and foster key connections before they leave.

### Cultural knowledge

Cultural knowledge is an understanding of the cultural norms and values of an organization. The loss of cultural knowledge is particularly at risk with high turnover among both staff and leadership because new employees aren't familiar with how things are done in a specific

# Knowledge transfer strategies

Use these knowledge transfer strategies to develop aspiring nurse experts.

#### Type of knowledge Knowledge transfer strategies

Human	<ul> <li>Establish mid-career mentoring programs between experts and aspiring experts.</li> <li>Design mini-learning experiences via shadowing and observation.</li> </ul>
Social	<ul> <li>Establish targeted networking groups between experts and others.</li> <li>Create communities of practice to facilitate knowledge flow.</li> </ul>
Cultural	<ul><li>Embrace digital storytelling.</li><li>Implement clinical or leadership practice narratives.</li></ul>
Structural	<ul> <li>Create knowledge maps to identify barriers or gaps.</li> <li>Design knowledge audits to capture critical process, tools, and routine knowledge.</li> </ul>

organization. Stories are a powerful means of sharing information. They're rich in context and can capture knowledge that's difficult to document. Stacey and Hardy remind us that "stories allow us to step into the shoes of the storyteller and give insight into their journey."

Experts like to share their knowledge about best practices and lessons learned; however, their stories aren't preserved, accessible, or reusable.

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# Focused mentoring

Several approaches to focused mentoring have shown promise in transferring knowledge among nurses. Here are two examples.

- The Legacy Mentors initiative, supported by several large Canadian health authorities and schools of nursing, provided opportunities for expert nurses to transfer knowledge to novices, new hires, and experienced staff. Nurses who were 55 years or older with a wealth of knowledge were selected as Legacy Mentors. They shared critical knowledge through mentorships, educational offerings, and resource materials. According to Clauson and colleagues, this yearlong effort to transfer knowledge resulted in improved clinical decision-making and evidence-informed practice.
- The Clinical Mentor Delivery Model, initiated at Scripps Memorial Hospital, invited expert nurses to serve as clinical mentors to experienced and novice nurses. Burritt and colleagues reported that within a year, fiscal savings in patient complications avoidance and improved nurse satisfaction were noted.

assessments exclusively, consider a multifaceted, individualized approach. When using disease risk scores, examine what factors are included in the calculations. If race correction is used, consider whether it's appropriate. For example, during an initial encounter, you may assume that a person self-identified as Native American may be at risk for diabetes because they're "Native American." This is race-based thinking. Instead, we recommend administering a risk-assessment tool to objectively evaluate the person's diabetes risk. The CDC Prediabetes Risk Test (cdc.gov/diabetes/prevention/pdf/ Prediabetes-Risk-Test-Final.pdf) doesn't include race correction. It calculates diabetes risk based on the individual's family history, age, gender, lifestyle, and health status. This risk test is easy to use, but it's not perfect. For example, it includes the patient's current weight but doesn't consider their history of weight change, so you should gather additional information such as recent weight changes, dietary habits, and access to healthier food. If risk scores are embedded in an EHR system, ask the information technology department how they're calculated.

If race correction is used, initiate a conversation with nurses, nurse practitioners, and physician colleagues to explore how to replace or modify the tool to ensure race correction isn't used.

Remain vigilant when using race as part of your clinical decision-making process or when formulating nursing diagnoses and plans. And find opportunities to conduct research into the accuracy and utility of assessment guidelines to ensure risk factors and treatment recommendation aren't clouded by racial bias.

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Mijung Park is an associate professor at the University of California San Francisco School of Nursing in San Francisco, California. Angela D. Alston is an assistant professor and chief diversity officer at The Ohio State University College of Nursing in Columbus. Linda Washington-Brown is a lecturer at the Ross Medical School and adjunct faculty in the Broward College RN-BSN Program in Miramar, Florida.

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Mitigating the threat of lost knowledge

One solution is to capture this key knowledge through digital storytelling or video. Clinical narratives provide an opportunity to illuminate tacit knowledge and offer another strategy to enhance expertise. These narratives frequently are used to augment learning among students, but they also can be used to transfer knowledge.

#### Structural knowledge

Structural knowledge consists of processes, tools, and routines. Experts possess many techniques for dealing with a variety of situations. However, these techniques may not be formal-

# Mapping and auditing knowledge

Knowledge mapping and auditing can be used to identify, collect, and review critical knowledge.

- **Knowledge maps** are visual representations of where an organization's critical knowledge can be found, and they offer insight into strengths and weaknesses. Engineering companies use them to locate expertise and develop mid-career employees into experts.
- **Knowledge audits** are well-defined technical reports that identify and capture key knowledge. They can be useful tools for gathering critical information that expert nurses don't perceive as important but may help a unit or organization in the long term.

ized or documented. According to the Workplace Knowledge and Productivity Report, a survey of more than 1,000 employees conducted by Panopto (a video-sharing company for business and education) found that 60% of employees lose an average of 5 hours per week looking for information that hasn't been formally documented. Structural knowledge can be captured and transferred via knowledge mapping, knowledge audits, and structured interviews. (See Mapping and auditing knowledge.)

## Take a strategic approach

Healthcare organizations and nurses are rich in knowledge. The loss of expert knowledge through turnover and retirement is widespread. Too frequently, healthcare organizations underestimate the costs associated with the loss of expert nurses' knowledge. Taking a strategic approach to knowledge transfer can help manage the risks of lost knowledge by reducing costly surprises.

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Terri Gaffney is an assistant professor at Marymount University in Arlington, Virginia.