



## FROM THE NNA PRESIDENT

Linda Hardy, PhD, RN, CNE, CTNA

### NURSING: ART, SCIENCE, OR BOTH?

Regardless of when you became a registered nurse, you were probably taught that nursing is an art and a science. I actually had a t-shirt from Bryan School of Nursing (now Bryan College of Health Sciences) that highlighted the art and science of nursing as part of the slogan. What does that really mean? Are you able to provide nursing care that is grounded in science but maintains the art of nursing?

I share this quote from the website of the American Nurses Association:

Nursing can be described as both an art and a science; a heart and a mind. At its heart, lies a fundamental respect for human dignity and an intuition for a patient's needs. This is supported by the mind, in the form of rigorous core learning. Due to the vast range of specialisms and complex skills in the nursing profession, each nurse will have specific strengths, passions, and expertise (ANA, 2023).

This quote spoke to me as I have viewed the art of nursing as the compassionate and caring application of our nursing skills for our patients. It is essential that we possess excellent skills but perhaps equally important that we administer our nursing care skills in a compassionate and caring manner. What do you think? How do you view the Art and Science of Nursing in your own practice?

### NNA BOARD MEETING

The NNA board met via Zoom on Wednesday, November 29, 2023.

**Budget review** with data through the end of October: The 2022 convention was the first time we were back in-person and our attendance was low, as seen with many other organizations. This caused a deficit.

The attendance at this year's convention was much improved and meant that we covered all expenses and had a slight positive balance. The board discussed various strategies to improve attendance and control costs for next year.

**Passed the budget for 2024:** The NNA budget is developed using financial data from the previous year with a very conservative approach. As we view potential income vs. probable expenses, we lean toward the 'worse case scenario'. This budget will be reviewed at our board meeting to be scheduled in January 2024. At that time, we will have the final numbers through December 31, 2023 to review and consider any budget adjustments that might be needed. As with your own household budget, to be in the best possible position, you need to increase income, decrease expenses, or do both. The board is committed to finding strategies to do both.

Discussed **campaign to increase NNA membership**. Over 30,000 nurses are licensed in Nebraska with approximately 1300 NNA members. The cost is \$15 per month to belong to both NNA and the American Nurses Association. This is a reasonable cost to belong to YOUR professional organization. This publication goes out to all nurses licensed in Nebraska. Our advocacy efforts benefit ALL nurses in Nebraska as well as our patients, families, and communities. If you have any ideas that would support a membership drive, please share those with me. I want to hear from you.

We welcome all input from our nursing colleagues—whether a member of NNA or not. If you are not a member, I strongly encourage you to join. At \$15 per month, membership in NNA is very affordable! If you are a member, please invite at least one of your colleagues to join. Perhaps they have

not even considered NNA. We are the overarching nursing organization in Nebraska. NNA advocates for all nurses in Nebraska regardless of specialty, where you live, where you work, or even whether you are a dues paying member! Please contact me at [nnapresident@nebraskanurses.org](mailto:nnapresident@nebraskanurses.org) with questions, concerns, or ways that NNA can better serve your needs. 🌈

**Reference:**

American Nurses Association 2023 What is nursing? American Nurses Association (ANA). (2023). What is nursing? ANA. Retrieved November 27, 2023, from <https://www.nursingworld.org/practice-policy/workforce/what-is-nursing/?20231127135913365645647>

## BOD Business

The 2 Bylaw Amendments all received voter’s approval. Below are the changes approved that will be replaced in the NNA bylaws for 2024:

**AMENDMENT 1: ARTICLE VI, Section 7**

To be eligible to serve on the Board of Directors, a person shall:

- a. hold current individual membership in ANA/NNA.
- b. not concurrently serve as an officer or director of another organization if such participation might result in a conflict of interest with NNA.

**AMENDMENT 2; ARTICLE VI, Section 9, subsection e**

The treasurer of NNA shall:

- 1 be responsible for monitoring the fiscal affairs of the association and shall review reports provided by the MSD Finance Director then provide reports and interpretation of NNA's financial condition to the NNA Annual Membership Meeting, the Board of Directors, and the membership; and
- 2. oversee the development of the NNA budget with the MSD Finance Director and reviewed by the Governance, Finances, and Membership Committee; and
- 3. assume other duties as assigned by the Board of Directors.

**Housekeeping Items:**

Need to update your contact information? This is a great time to keep your ANA-NNA account information up to date, so you don’t miss our information getting to you. Here are a couple of ways to check your account:

- [nursingworld.org](http://nursingworld.org)
- ANA Membership Department at 800-923-7709

We highly recommend using a personal email address as many organizations have significant firewalls that may put our communication in your spam folder. If you do use a work email- please add us to your list of Safe Senders.

Membership Auto Renewal is super easy. It can be set up as a monthly withdrawal or an annual withdrawal. This can be by checking account or a credit card. We are recommending using a checking account because this has no expiration date like a credit card does unless you are better at remembering than I am to update every auto payment I have when my credit card expiration date changes.

Community Hospital • McCook, Nebraska  
*Leading our region to a healthier future*

LPN/RN Openings

- 25-Bed Acute Care Inpatient Unit
- Surgical Services • Emergency Services
- Labor & Delivery • Injection/Infusion
- Outpatient Department • Cardiac Rehab
- Diabetes Education • Special Observation Unit
- Home Health & Hospice • Infection Control •
- Employee Health • Patient/Staff Educators
- Trauma Coordination • Utilization Review
- Swing Bed • Wound Care • Specialty and
- Rural Health Clinics
- EEO Employer/Vets/Disabled



**COMMUNITY HOSPITAL**  
50 YEARS OF *Excellence*  
McCook, NE  
308.344.2650



Job Listings: [chmccook.org](http://chmccook.org)