



Martha Rogers' Nursing Theory and its Application to Nurses' Association Engagement and Success

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Martha Rogers' Science of Unitary Human Beings (SUHB) provides a unique lens through which to examine and explain nursing engagement in professional organizations like the Florida Nurses Association. Her theory emphasizes the interconnectedness of humans and their environments, highlighting the dynamic nature of nursing practice. By applying Rogers' principles, we can understand how active participation in the FNA fosters professional growth, unity, and ultimately, progress for the profession and the health of our citizens.

The Science of Unitary Human Beings: A Framework for Engagement

Rogers' theory asserts that humans are energy fields in constant interaction with their environment. This perspective aligns seamlessly with the idea that professional organizations serve as an extension of the nursing environment, shaping the professional and personal development of nurses. Engaging in the Nurses Association is an active participation in this interactive energy exchange, leading to professional evolution and ongoing influence in healthcare.

1. **Holistic Interaction** – Nurses who engage with the association form a collective energy field that fosters collaboration, mentorship, and knowledge-sharing. This interaction mirrors Rogers' view that human beings and their environments are inseparable.
2. **Pandimensionality and Change** – Rogers describes humans as pandimensional beings, existing beyond traditional physical and temporal constraints. Similarly, a successful Nurses Association embraces innovation and transformation, adapting to societal changes and healthcare advancements. Active participation allows nurses to shape the future of their profession by influencing policy, education, and practice.
3. **Pattern and Organization** – Rogers emphasizes that each human field has a unique pattern. These differences inject diversity and innovation to our activities. When nurses contribute to their professional organizations, they help shape the pattern of nursing leadership, advocacy, and education, leading to progress and innovation.

Applying Rogers' Theory to the Success of the Nurses Association

What inspired me to want to write this? Our committee meeting- and Special Interest Group meetings are charged with energy, ideas and enthusiasm and instead of being tired after an evening meetings, I feel energized and filled with ideas. The success of a professional nursing organization is directly influenced by the engagement of its members. Rogers' principles can be used to explain how such engagement leads to a thriving, dynamic association through these concepts:

- **Energy Flow and Professional Growth** – As Rogers' theory suggests, energy exchange is fundamental to human interaction. The Nurses Association serves as a conduit for knowledge and experience, allowing members to share insights and strategies for influential action.
- **Synergy and Leadership Development** – Just as Rogers describes a continuous interplay of energy fields, a thriving professional association fosters leadership and mentorship opportunities, and advocacy efforts, ensuring sustained growth impact on the healthcare landscape.
- **Harmonious Progression** – Success in a professional organization is not a static achievement but a continuous journey. Rogers' belief in the ever-changing nature of human energy fields supports the idea that ongoing engagement leads to long-term success and sustainability of the Nurses Association.
- **Negentropy** – Negentropy denotes that a system that becomes more focused and organized becomes more structured and high-functioning. I think of it as instead of winding down, we are growing and thriving.

Martha Rogers' Science of Unitary Human Beings provides an insightful perspective on the importance of engagement in your Nurses Association. By recognizing the interconnectedness of nurses and their professional environments, her theory reinforces the idea that success in the field is achieved through dynamic participation, collaboration, and the continual exchange of knowledge and energy. Through active involvement in the association, nurses can advance their personal careers and contribute to the collective progress of the nursing profession as a whole. We invite you to join and bring your energy. ■