

Healthy New Jersey Nurses

Dear Healthy New Jersey Nurses,

As this year draws to a close, we want to take a moment to express our heartfelt gratitude to every one of you who has contributed to another truly successful year for **Healthy Nurse, Healthy New Jersey**.

Together, we have continued to nurture a statewide community of nurses committed to well-being—both personally and professionally—emphasizing mind, body, and spirit. Over the past year, we have shared knowledge and connection through themed Zoom talks, offering meaningful conversations on topics that matter most to nurses' health and balance.

A highlight of the year was our collaboration with **NJNEW** to host a **Virtual Schwartz Rounds** series for night-shift nurses, creating a safe and supportive space for those whose hours often make participation difficult. The engagement, insight, and compassion that emerged from those sessions reminded us why this community is so special.

And of course, we ended the season on a high note with a **spectacular Unity Walk**, where nurses from across New Jersey came together in celebration of their commitment to their own health. The energy and spirit of that day truly reflected



With gratitude and wishes for a beautiful 2026

Lisa Ertle, MSN, APRN, FNP-C and the *Healthy Nurse, Healthy New Jersey Team*
(Sheila Caldwell, Tracey Jaworski-Lucas, Sue Weaver, Sandra Foley,
Linda Corigliano, Mary Ellen Levine, Terri-Ann Kelly, and Joseph Treimel)

Addressing Racism in New Jersey Nursing Task Force Update

Dear Fellow NJSNA Members,
We would like to update you on the status of our survey on racism in New Jersey nursing. It was made available for participation to NJSNA membership from April 30th to October 30th of 2025. Survey questions were developed by the American Nurses Association (ANA) and the National Commission to Address Racism in Nursing. NJSNA Addressing Racism in New Jersey Nursing Task Force used the survey with permission from ANA and the NJSNA Board of Directors. The survey

was anonymous and confidential. It was designed to increase awareness and to attempt to understand the impact of racism in New Jersey nursing.

The Addressing Racism in New Jersey Nursing Task Force was established in November of 2023 to promote equity and inclusion, formally acknowledge the existence of racism in our profession, and to create a safe space in which to discuss how biases and inequity affect nurses in NJ. We would like to thank all the nurses who participated in our survey, and we

are pleased to announce that the results of the survey will be presented at the NJSNA Board of Trustees meeting on January 20, 2026.

If you are interested in learning more about ANA's National Commission to Address Racism, please visit <https://www.nursingworld.org/practice-policy/workforce/racism-in-nursing/national-commission-to-address-racism-in-nursing/>

Sincerely,
The NJSNA Addressing Racism in New Jersey Nursing Task Force
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