

Come Walk with Nurses House, Inc. on November 14, 2026, 7:00 am – 8:00 am

We hope you will join us for the annual Linda O'Brien Memorial Walk on November 14, 2026, at the ANA-NY Annual Conference in Troy, NY. Linda had been an avid supporter of Nurses House for decades and always donated the T-shirts each year for the walk. Since her death in April 2025, our yearly walk was appropriately named after her and it is a wonderful time for nursing colleagues to congregate and take a leisurely (or brisk) walk on the morning of the last day of the ANA-NY Conference. Please consider joining us this year and invite your friends and colleagues. November brings cooler air which reminds us that change can be refreshing.

Nurses House, Inc. is the only national fund for registered nurses who are out of work due to illness or injury. Our annual fundraiser walk raises much needed funds to support our grant program. ANA-NY members are invited to join us bright and early on Saturday morning of the conference for a short 20–30-minute walk. In addition to helping raise funds for our colleagues in need, it is a healthy and refreshing way to start your day! In addition, you will meet new colleagues as we embrace time together. Those who donate or raise \$25 or more will receive a Nurses House tee-shirt to proudly display your support. There will be prizes for the top three fundraisers. For more information, contact Stephanie Dague at sdague@nurseshouse.org and she will send you a link to register. We look forward to walking with you in November! ■



We have settled into our new office in Latham, NY and welcomed new Board members Susan Birkhead, PhD, RN and Ann Tahaney, RN

Person-Centered Tools, Trainings, and Opportunities for Dementia Care Professionals

Professionals across long-term and community-based care settings play a vital role in delivering compassionate, high-quality dementia care. To support this important work, the Alzheimer's Association offers a comprehensive suite of tools, trainings, and collaborative opportunities designed to strengthen person-centered practices and improve outcomes for individuals living with dementia.

A Central Resource: [ALZPro](#)

For those looking for a starting point, [ALZPro](#) serves as a one-stop hub tailored specifically for dementia care professionals. This robust platform brings together clinical guidelines, continuing education, research updates, and practical tools—all

in a single, accessible space. [ALZPro](#) is designed to support early detection efforts, enhance quality of care, and expand equitable access to dementia services. More information about the resources below can be found on [ALZPro](#) or by emailing education@alz.org.

Free, Practical Tools for Everyday Care

Care professionals are encouraged to explore and share several free, person-centered resources that can be easily integrated into daily practice:

- [Get to Know Me Form](#) – Helps care teams better understand each individual's preferences, history, and needs.
- [A Practical Guide to Person-Centered](#)

[Care](#) – Offers actionable strategies to incorporate person-centered principles across care settings.

- [Center for Dementia Respite Innovation Resources](#) – Offers a suite of toolkits and guides designed to promote understanding and access to high-quality respite care.

Each of these resources are designed to help professionals embed person-centered care into every interaction, fostering dignity and meaningful engagement.

Training and Certification Opportunities

Recognizing the demands of busy care environments, the Alzheimer's Association