

"Healthcare is rewarding yet demanding work, and requires we invest in the physical, emotional and mental well-being of our employees," said Kristine Sposato, DNP, FNP-MSN, RN, Senior Director of Occupational Health Services & Employee Wellness at White Plains Hospital. "We have worked to build a wellness program that is accessible, inclusive and responsive to the real-life needs of our workforce, helping employees show up at their best for themselves, their families, their teammates and certainly, our patients."

The ANCC's Well-Being Excellence™ credential is awarded for a three-year period.

A complete list of White Plains Hospitals awards and accreditations can be found on its website.

About White Plains Hospital

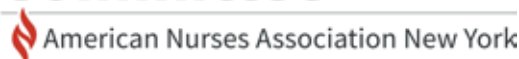
White Plains Hospital is a proud member of Montefiore Einstein, serving as its tertiary hub of advanced care in the Hudson Valley. The Hospital is a 292-bed not-for-profit healthcare organization with the primary mission of providing exceptional

acute and preventive medical care to all people who live in, work in or visit Westchester County and its surrounding areas. White Plains Hospital has outpatient medical facilities across Westchester, including multispecialty practices in Armonk, Hawthorne, Larchmont, New Rochelle, Rye Brook, Scarsdale, Somers, Yonkers and Yorktown Heights; and Scarsdale Medical Group locations in Harrison and Scarsdale.

The Hospital is fully accredited by the Joint Commission, and in 2026 received another 5-star rating from the Centers for Medicare & Medicaid Services (CMS) — the highest distinction offered by the federal agency – for the fifth consecutive year. In addition, the Hospital received its third Magnet® designation from the American Nurses Credentialing Center (ANCC), a distinction held by only two percent of hospitals in the country. White Plains Hospital has consistently received the Outstanding Patient Experience Award from Healthgrades®, and in 2026 was awarded an "A" Safety Grade from the Leapfrog Group for the 15th consecutive time. ■

<https://www.wphospital.org/>

Political Action Committee



The American Nurses Association-New York Political Action Committee (ANA-NY PAC) raises funds to support state elected officials and candidates seeking elected office who champion the nursing profession. As a hectic election year comes to an end, the ANA-NY PAC needs help replenishing its funds so it can continue supporting our elected officials who support the nursing profession.

Beyond the Bedside: Donate to the ANA-NY PAC in this election year to Fund the Future of Nursing and Shape Healthcare Policy. The PAC goal is to achieve 100% participation from our 9,500+ fellow ANA-NY members.

We are asking ANA-NY members to donate at least \$50. If all members do this, we can work together and put our PAC on

"the map" in New York State.

Your ANA-NY PAC donation is not tax-deductible, must be in your name (not in memory or honor of another person), will be public record, and your employer cannot reimburse the contribution.

Your Voice, Your Profession, Your Invitation

Behind candidates that support our legislative priorities are a dedicated community of ANA-NY nurses. Support and join that community at the **ANA-NY PAC Reception at the ANA-NY Annual Conference** on November 13 (5:00 PM – 6:30 PM). Come for the light refreshments and drinks; stay for the powerful connections and collective energy.

Entry Requirements: This event is our way of saying "thank you" to our **2026 ANA-NY PAC Donors**. Turn your passion

into support—and join us for a toast to the future of nursing!

If you are unable to attend the conference, or have not donated yet this year, you can easily donate here: <https://anany.org/supporting-the-ana-ny-pac>. ***Please note** that when you renew your annual ANA dues and select to donate money to the ANA PAC, your money is going to the national ANA PAC, not your state ANA-NY PAC.

We thank you in advance for donating to ANA-NY to advocate for the nursing profession. ■

With heartfelt thanks,
ANA-NY PAC Board